

CEDAR TRAILS NUDIST RETREAT, LLC

TOP 10 QUESTIONS

1. **What happens if I get an erection?** Put a towel over it, go for a walk, take a cold shower, whatever it takes to calm yourself down. We like to maintain a non-sexual environment which assists so this is not an issue. It is not acceptable to have an erection in public and if you cannot control yourself, you will be asked to leave Cedar Trails.
2. **Is Cedar Trails clothing optional?** No, we are a nudist retreat, we assume you are visiting with the expectation to be nude, weather or sunburn permitting. If you are new to nudism, we give you a couple of hours to get comfortable. Yes of course sunglasses, shoes and hats are permitted. We are clothing smart and realize that evenings are cool and some nighttime clothing, such as a robe is acceptable, lingerie is not acceptable.
3. **Do you allow swingers or have swinging?** No, we are a family friendly retreat and do not allow any overt sexual displays of affection. No one should be approached asking for swinging. Any sexual activities need to be behind closed doors.
4. **Are singles or a married individual without my spouse allowed to visit?** Yes, we allow any nudist, whether it is an unmarried single or a single individual that is married and your spouse is not a nudist. Please remember this is not a pickup joint, most nudists come to relax, enjoy nature, and be left alone unless you are invited into the conversation.
5. **What about gay visitors?** As stated above, we allow any adult that is a nudist to visit. Our policy is that there are no overt sexual displays of affection allowed.
6. **How old do I need to be?** You must be 18 years old or older. If under 18 you need to be accompanied by a parent.
7. **How many people will be around when I visit? And will there be someone I can talk to?** Impossible to answer how many visitors as it varies from day to day as we are very weather dependent. Most nudists come to relax and be left alone unless you are invited into the conversation. You should be prepared to entertain yourself and remember that there are no electronic devices allowed in public areas of Cedar Trails. There are plenty of activities such as relaxing by the pool, hiking the trails, playing cornhole etc.
8. **What to bring:** Absolutely bring a towel to sit & lay on. Bring any food and drinks for the day, or check out our café which has limited food service, it will be open Saturday and Sunday, with some “grab & go” items available for sale during the week (reference our schedule on our website or FB page for meal updates.) Remember no glass containers. Bring a lounge chair if you are able, we have a limited supply, and they fill up quickly. Sunscreen and bug spray are suggested. Hiking shoes or sandals if you are walking the trails. Bring a good book or magazine as electronic devices are not allowed in public areas. Suggest having a small bag or backpack to put your keys & personal items in. Above all, bring your smile and have fun!
9. **Membership, I want to join?** We ask that you visit a few times before we talk about a membership, to make sure we meet your expectations as a nudist resort and so we can meet you. One benefit of a membership is that you can access the resort year-round. We do not require a membership; you can visit as many times as you wish during our summer season.
10. **Bookings:** All overnight accommodations need to be booked ahead of time online. (primitive tent camping is first come first serve and we never run out)